

WASHINGTON STATE GAMBLING COMMISSION

MARCH 2023

Problem Gambling Awareness Month
Update

Maureen Greeley, Executive Director





PGAM Proclamation

Washington state Governor Jay Inslee proclaims March 2023 as Washington Problem Gambling Awareness Month.

- [Governor Jay Inslee 2023 PGAM Proclamation](#)

CONNECT WITH US!



READ, WATCH, LISTEN, AND ATTEND.

ECPG LIVE!

LIVE VIDEO DISCUSSIONS ON HOT TOPICS WITH INDUSTRY LEADERS

KALEIDOSCOPE

REFLECTIONS OF DIVERSE VIEWS ON MENTAL HEALTH EQUITY

CONNECTIONS

A HEALTHY GAMBLING AND GAMING PODCAST

SOCIAL MEDIA, BLOG, AND EVENTS



evergreencpg.org/connect

ADVOCACY & AWARENESS

Save the Date!

Kaleidoscope

Reflections of Diverse Views on Mental Health Equity

February 21, 2023

1 p.m. PT (2 MT/3 CT/4 ET)

Veterans, Active Duty Military, and Their Loved Ones.

With Special Guests:

Dr. Heather Chapman, Ty Lostutter, PhD, and Dave Yeager





**»»» EVEN THE
STRONGEST
NEED HELP.**

FIND MILITARY
GAMBLING SUPPORT



»»» EVEN THE STRONGEST NEED HELP.

MILITARYGAMBLINGSUPPORT.COM



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Problem Gambling Awareness Month

2023 Problem Gambling Awareness Month

Join us! We're hosting a live Twitter chat
every Tuesday in March.



March 7, 2023 | 12-1:30 p.m. PT (1 MT/2 CT/3 ET)

Military/Veterans and Gambling

March 14, 2023 | 12-1:30 p.m. PT (1 MT/2 CT/3 ET)

The Importance of Screening & Referral Sites

March 21, 2023 | 12-1:30 p.m. PT (1 MT/2 CT/3 ET)

Gaming and Gaming-related Harms

March 28, 2023 | 12-1:30 p.m. PT (1 MT/2 CT/3 ET)

Uniting Families Through Recovery

2023 TWITTER CHAT TUESDAY #PGAMChat #PGAM2023

Early Detection,
Help, and Hope,
All Start with Screening.

GAMBLING DISORDER SCREENING DAY

Tuesday, March 14, 2023



AVAILABLE ON DEMAND

Screening for Problem Gambling in **Asian Communities**

**A Discussion on Gambling Disorder
Screenings, Support, and Services**

evergreencpg.org/watch



EVERGREEN
council on problem gambling



PROBLEM GAMBLING
AWARENESS MONTH

March 2023

**HOLD FOR WASHINGTON'S
LOTTERY PGAM UPDATE**

You Are Not Alone

If gambling is creating problems for you and your family, there is Help and Hope.

[Help Starts Here](#)

Get Help Now ×

Call or text the 24-hour Helpline to get started.

1-800-547-6133

Or, chat with a specialist by clicking below

[Chat](#)

TREATMENT

Directory Map: first step is treatment providers (CGC's/IGDC's), then much more to come

Enter your zip code below to find problem gambling treatment providers near you.

ENTER ZIP CODE

25 miles

SELECT LANGUAGES

SELECT CATEGORIES

Cathlene Ramsdell, LMFT, ICGC-I

435 W Bell St Suite D
Service Line: 360-808-9620

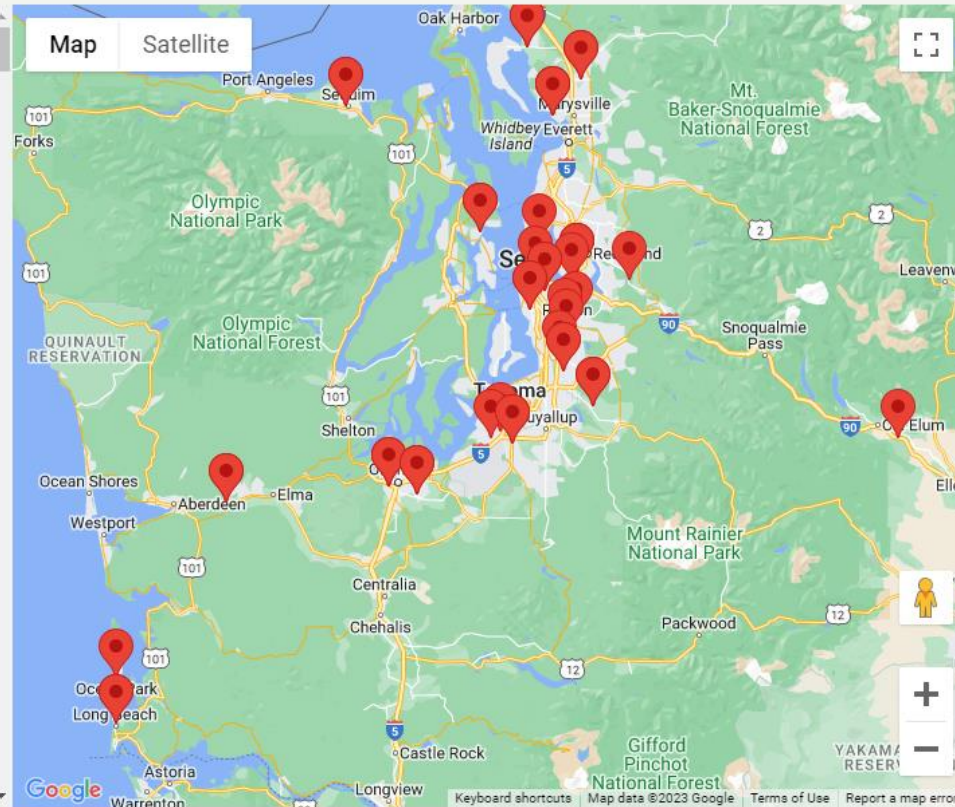
Wanessa Moldestad, ICGC-I – Coastal Treatment Services

12835 Bel-Red Rd Suite 145
Service Line: 425-646-4406

Ellie Lorenz, SUDP, ICGC-II – E L Counseling & Consulting

9325 Upper Peo Point Rd
Service Line: 509-674-5059

Dawn Lee, ICGC-I – didgwalic Wellness Center



Responsible Gambling



RG STAR

EVERGREEN COUNCIL
ON PROBLEM GAMBLING

IT ALL COMES DOWN TO THIS

If you're going to wager on sports,
know the risks and set your limits.

If things feel out of hand, we're here to help.

Learn more and get help now (24/7):

KeepItFunWA.org



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*If You Bet,
Know the Risks.*

KeepItFunWA.org

 **EVERGREEN**
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**GAMBLING
RESPONSIBLY**





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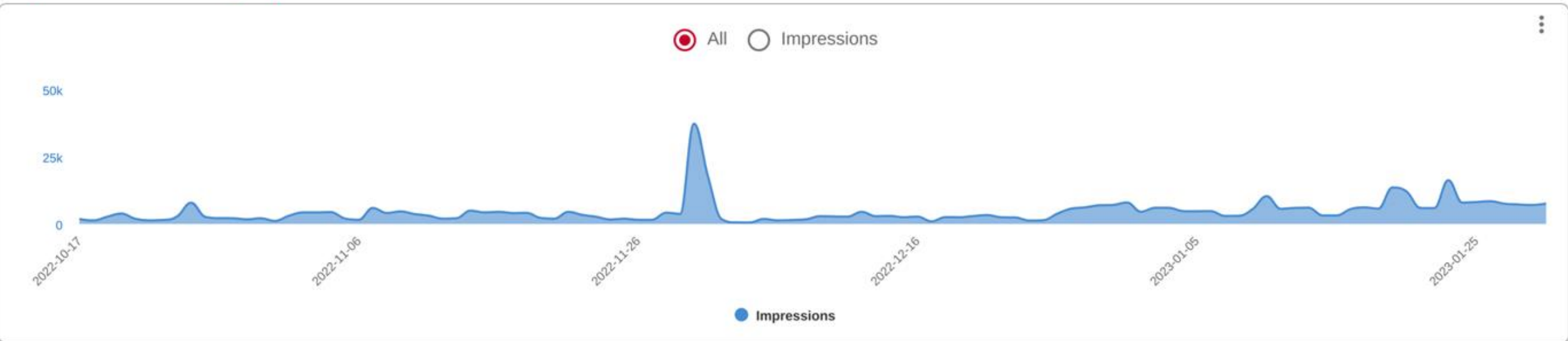


iHeartMedia

Streaming Audio Campaign Re-Cap 10/17/22-1/31/23

Streaming Audio - Thru the iHeart Audio Network is delivering the ECPG message to sports fans and sports gambling enthusiasts throughout the state of Washington.

Impressions & Clicks by Day



Tactic Performance

Audio





WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS

FOCUS ON THE FUTURE

SAVE THE DATE!

May 1-4, 2023
Seattle, Washington

WHO SHOULD ATTEND:

- Addiction Professionals
- Mental Health Counselors
- Prevention Specialists
- Peer and Recovery Coaches
- Responsible Gaming Representatives
- Policy Makers



DoubleTree Suites | Southcenter
Seattle, WA **2023**